

Dear Family, in class today I learned the difference between fruits and vegetables.

Did you know?

- A fruit has seeds inside.
- Plants make fruit to help them spread seeds.
- A vegetable is a part of a plant that can be eaten.
- All fruits and vegetables come from seeds.
- Fruits are sweeter than vegetables.

Ask your child:

- Tell me how fruits and vegetables are the same.
- Tell me how they are different.
- Explain how you sorted the foods.
- Tell me which food was your favorite.

Vocabulary:

- fruit – the part of a plant that has seeds.
- vegetable – a plant or part of a plant that is used for food. A potato is a vegetable.
- sort – to separate by kind or type.
- ripened – finished growing. A ripened fruit is ready to be picked and eaten.
- scientific – having to do with science.
- seeds – the small part of a plant with flowers. The seeds can grow into new plants.

Activity:

With your child, find fruits and vegetables in your kitchen. Or you can use pictures of fruits and vegetables. Ask your child to describe them. Help your child write the names of the fruits and vegetables on a piece of paper. Send the paper to school.