

Dear Family, in class today, we used goofy goggles to understand how our eyes help us to see.

Did you know?

- Sight is one of the five senses.
- We use our eyes to see. The brain processes what we see.
- The brain uses what we see to think and make decisions.
- The brain tells us what to do.

Ask your child:

- What are goofy goggles?
- Tell me how things looked with the goofy goggles?
- Explain how things looked different when wearing them and then after taking them off.
- Why did you have trouble picking up the ball?

Vocabulary:

- goggles – a special pair of glasses. You wear them to protect your eyes.
- brain – an organ in the body. It controls thinking, moving, and feeling.
- confuse – to make something hard to understand.
- goofy – silly.
- blur – to cause to run together.
- vision – being able to see.

Activity:

Place a piece of plastic wrap over the lenses of a pair of your child's sunglasses. Have your child look at something without the glasses. Have your child put the glasses on and look at the same thing. Talk about how things look different with and without the glasses. Have your child make a simple drawing on a piece of paper without the glasses. Have him try again while wearing the glasses. Compare the two drawings. Send the drawings to school to share with us.