



*Dear Family,*

**In my class today,** we explored creative movement and moved like a train.

**Did You Know?**

- Creative movement is a good way to bring physical activities into a lesson.
- Children learn to control their bodies.
- Children learn to work in a group.

**Ask Your Child:**

- Explain what you did to move like a train.
- Tell me about the job of the engineer (conductor, caboose) on the train.
- Explain what might happen to the train if it moves at a tempo that is too fast or too slow.

**Activities To Do With Your Child:**

- With your child, plan a pretend trip on a train. Where will you go? What will you see? Help your child make a train ticket with your starting point and destination written on the ticket. Decide the date and time you will leave and when you will return. Send the ticket to school to share with us.

**Vocabulary To Use With Your Child:**

- **movement** – a way of changing position or place.
- **engineer** – the person who runs the engine of a train.
- **caboose** – a car at the rear of a freight train.
- **conductor** – the person in charge of the train who also collects payment.
- **cargo** – the goods carried by a ship, airplane, train, or other vehicle.
- **tempo** – the speed at which a musical piece is played.