

Dear Family,

In my class today, I made shapes with a partner, and we moved through dance space together.

Did You Know?

- Children love to move. It is fun to move. Creative movement helps children learn to be aware of their bodies. They see their own space. They see the space others are in. Moving together helps children to learn how to work with others. Young children are eager to learn about themselves and others. Movement can help them learn about their emotions. Creative movement can help children be in charge of their emotions.

Ask Your Child:

- What did you use to make a shape with a partner?
- Describe how you made a square (circle, triangle, rectangle) with your partner.
- Explain how you moved through the dance space together.
- Tell me how you knew when to stop dancing.

Activities To Do With Your Child:

- Have your child show you how to make a connecting shape with you as his or her partner. Talk about how you made the shape and how you could change the shape.
- Put on some music, and dance together. Have your child show you some of the different movements that he or she did in class, and do them together.
- Maybe you have a set of blocks at home. Talk about the different shapes of the blocks. Work together to put some blocks together to create new shapes. If you do not have blocks, get some empty boxes, like shoe boxes, and build together.

Vocabulary To Use With Your Child:

- **partner** – a person who shares in an activity with another person.
- **shape** – the form of the outer surface or edge of an object.
- **connect** – to join together.
- **body** – all the physical parts that make up a person.
- **cue** – anything done or said during a performance that is a signal for the participants to say or do something.
- **pattern** – an arrangement of something that can be repeated again and again.