

Dear Family, in class today we looked at where our food comes from. We made pancakes. We mixed foods to see how they can change.

Did you know?

- Much of our food comes from farms.
- Farms grow wheat. Farms produce eggs from chickens. Farms produce milk from cows.
- Foods can change when they are mixed together.
- Foods can change when they are heated.

Ask your child:

- Tell me where our food comes from.
- What did you use to make pancakes?
- Describe how the foods changed.

Vocabulary:

- pancake – a flat, round cake. It is made from flour, eggs, and milk.
- ingredients – parts of a mixture.
- wheat – a grain. It comes from certain grasses.
- investigate – to look closely at something.
- change – to become different.
- batter – a thick mixture of flour, eggs, liquid, and other things. Batter is used to make other things, such as cake.

Activity:

Invite your child help you make something in the kitchen. You could make a cake or cook some eggs. Talk with your child about how the foods change as they are mixed or cooked. Help your child to draw a picture of a food before it is mixed or cooked. Have them draw a picture of that food after it is mixed or cooked. Send the pictures to school to share.