Lesson Title Mittens and Gloves

Dear Family, in class today, we explored grasping things. We used gloves and mittens. They worked differently.

Did you know?

- Dexterity means using your hands.
- Babies learn how to grasp things very early.
- Hands need to be protected in cold weather.
- Gloves and mittens are a good way to protect hands.

Ask your child:

- Tell me how you used your hands to grasp things.
- Tell me how you used gloves and mittens.
- Describe the difference.
- Explain why we use gloves and mittens.

Vocabulary:

- glove a covering for the hand. Gloves have separate parts for each of the fingers and the thumb.
- mitten a covering for the hand. Mittens have two parts—one for the thumb and another part for the fingers.
- handle to examine with the hands.
- grasp to take hold of something with the hand.
- dexterity easy use of the hands.
 - protection the act of keeping something safe from harm.

Activity:

Gather some gloves and mittens together. Help your child to sort them by color. Sort them into pairs. Use a black crayon to help your child to trace their hands onto a piece of paper. Have them choose a different crayon color. Use it to draw favorite mittens that cover their hand tracings.