

Dear Family, in class today, we explored how hard it is for birds to find food in winter.

**Did you know?**

- Most birds eat seeds all year. They eat fruits, insects, and nuts too.
- Birds sometimes have a hard time finding food in the winter.
- Seeds and nuts can be hard to find. They can get covered by snow and ice.
- Many birds change their diet in the winter. They eat seeds and nuts that they can find easily.

**Ask your child:**

- Explain how tweezers are like a bird's beak.
- Describe using the tweezers to pick up the seeds.
- Describe using the tweezers to pick up the frozen seeds.
- Explain why some birds have a hard time getting food in winter.

**Vocabulary:**

- seed – the small part of a plant with flowers. A seed grows into a new plant.
- tweezers – a small metal tool. It has two arms. Tweezers are used for picking up small things.
- beak – the hard part of a bird's mouth.
- winter – the season after autumn and before spring.
- frozen – made into ice.
- challenge – a hard problem.

**Activity:**

Go out for a winter walk with your child. Look for birds. Watch the birds. Look for what they are finding to eat. When you get home, help your child draw a picture of what you saw a bird doing. Send the picture to school to share with us.