How many cars are in each square below? Pick a square and start counting. The easiest way to teach counting is to touch each item with one finger. Start counting, in a left to right direction, until every item has been touched. With practice, children will feel confident about counting.

When you help children practice with counting up to five, and they know the amount quickly, you are helping them to learn an important math skill. Then they don't have to do the work of counting every time.